

Journal Yourself a Theme

Grab a pen, a piece of paper, and head out into nature.

1) Enjoy 2-minutes of writing down as many theme ideas as you can for the course you've been thinking about building, have created or are currently working on.

2) Choose the theme that gets you most excited (in this moment).

3) Dive into 5-minutes of brainstorming all the ways you could apply that theme to your course educational content, student experience and environment. *Just take quick bulletpoint notes here. Get it all down. The bad ideas too ;)*

4) What are 5 ways this theme can greatly increase student engagement and excitement?

Prepare for some awesome and creative ideas to start flooding in.

All of our students that have found their theme can attest to this.



Say hi!

We'd love to hear how the journaling goes :-)

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